

Sunday School Lesson Connection

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The steak lesson: Hebrews 5:12-14

Preparation:

This lesson is mostly show so there's no lesson plan but a fair amount of preparation.

Supplies: 2 steaks (enough for everyone in your group to have a few bites). I got some thin sliced ones that cooked really fast. Potatoes., milk, uncut bakery bread, and grape juice. A barbecue grill (charcoal, lighter, lighter fluid), baby bottles, easel with Hebrews 5:12-14 written on it in large letters.

The Bible verse:

Hebrews 5:12-14 In fact, though by this time you ought to be teachers, you need someone to teach you the elementary truths of God's word all over again. You need milk, not solid food! Anyone who lives on milk, being still an infant, is not acquainted with the teaching about righteousness. But solid food is for the mature, who by constant use have trained themselves to distinguish good from evil.



The Lesson:

Last week I grilled a steak and ate it in front of the kids. I ate with much lip-smacking and yum noises. When they asked for some I pushed them a tray of baby bottles and baby food. I pointed to the easel on which I had written Hebrews 5:12-14 and said I'd give them steak if they could tell me the lesson I was trying to teach them. They were fairly confused but really wanted some steak so they dove into discussion to come up with the answer before I ate all the steak. With a little direction they eventually got to the point that they have to learn to feed themselves from the Bible and take hold of their faith.

I allow the kids to discuss the verses and come up with the lesson together but make each kid tell me the lesson in their own words. It's really neat to see them discover different aspects of the lesson.

Then I brought out more steak and twice-baked potatoes for an Easter Feast. We celebrated communion with the loaf of bread and grape juice at the end of the meal.

Alternate food ideas:

Once I did fruit cups with whipping cream instead of potatoes. It was way easier. I also just printed the verse on a strip of paper and handed each kid one instead of writing it on an easel.



Note: This makes a great graduation day lesson too. With Middle Schoolers we talk about moving on to harder Biblical concepts. With High Schoolers we talk about how the graduates will need to be "self-feeders" as they head off to collage.

I think they will remember the lesson. I don't know if they'll go home and start reading their Bible's. My hope is that when the time is right, when they're desperate, the memory of this Sunday School class will come to mind. They will remember that a lot of answers to life problems came from the Bible. They then will pick it up and find Jesus. I keep praying for the Holy Spirit to make them desperate.

