



Coconut Mountain Communications

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Great Snacks set the Mood

Great snacks are an important part of a teens life. Snacks contribute to the mood for a meeting just as much as music, activities, lighting, and friends. An awesome snack table makes a great first impression on newcomers as well.

It's up to you to discover your groups unique favorites but here are some suggestions which seem to be favorites with every group I've been involved with:

Hot Spiced Cider: I have never seen anything that warms a kids heart more than Hot Spiced Cider. It's simple and cheap. You'll need a hot plate, large pot, and ladle, some apple cider, and the spices. I use Aspen Mulling Spices. It's always a hit on a cold winter day. Makes the place smell nice too.



Breakfast:

I'm always shocked at how many kids come to Sunday School without having breakfast.

Cereal and milk is a guaranteed hit. Don't try to give em the healthy stuff. That's the parents job. It's sugar time.



Poppy seed muffins:

This is what my kids asked for. The store bought muffins are fine but a simple phone call to a mom regularly produced wonderful home baked muffins.

I never ask the kids to bring the snacks, however, by asking the moms it frequently becomes a family project. Praise the kids for their baking skills in front of the others.

Healthy Stuff:

Yes, some teens these days actually like the healthy stuff. Bananas, grapes, and other fruit are always appreciated. Watch what they eat. Asked the kids not snacking what they would like. Next week bring that -just for them.



Other tips:

Buy soda in the big jars (it's cheaper). Supply smallish drinking cups. This make for smaller spills and less waste.

Keep the freezer stocked with Popsicles, chicken pieces, jalapeno poppers, and pizza rolls.

Serve them. Kid's like being waited on plus your attitude on service will really make an impact.