

# History of the swimsuit

**1920**



Though men were getting the opportunity to look better, there was still the little matter of baring the chest. Quite simply, it was frowned upon. However, men continued to fight for their right to expose their chest and by the early 1933, the result was a convertible-style suit that allowed the top to be removed.



**1930**

This suit is a true classic! Jantzen made versions of it for several years because it was so popular. This suit dates to 1930.



**1964**

During the 60s, the two piece came into its own, probably encouraged by movies such as *Bikini Beach* and *Gidget*. This suit from the mid 60s has *Gidget* written all over it! The bottoms have cute boy-cut legs, almost like shorts.



**1967**

The demure two piece suits of the early 60s were soon replaced with the bikini. And while this one looks modest by today's standard, it was the skimpiest suit yet!

We cannot show you pictures of swimsuits beyond 1967 because of the similarity to outright pornography. However, most individuals think nothing of the outlandish bathing suits being worn today. As society gets used to one stretch of immorality the next stretch is not far behind. The Bible calls this callousness.

Matthew 13:15 For this people's heart has become calloused; they hardly hear with their ears, and they have closed their eyes.

Psalm 73:6-7 Therefore pride is their necklace; they clothe themselves with violence. From their callous hearts comes iniquity; the evil conceits of their minds know no limits.

Psalm 119:69-70 Though the arrogant have smeared me with lies, I keep your precepts with all my heart. Their hearts are callous and unfeeling, but I delight in your law.

Hebrews 4:7 "Today, if you hear his voice, do not harden your hearts."

Revelation 1:12 I turned around to see the voice that was speaking to me. And when I turned I saw seven golden lampstands, and among the lampstands was someone "like a son of man," dressed in a robe reaching down to his feet and with a golden sash around his chest. His head and hair were white like wool, as white as snow, and his eyes were like blazing fire. His feet were like bronze glowing in a furnace, and his voice was like the sound of rushing waters. In his right hand he held seven stars, and out of his mouth came a sharp double-edged sword. His face was like the sun shining in all its brilliance. When I saw him, I fell at his feet as though dead. Then he placed his right hand on me and said: "Do not be afraid. I am the First and the Last.

Ephesians 4:18 They are darkened in their understanding and separated from the life of God because of the ignorance that is in them due to the hardening of their hearts.

## Calloused Hearts:

Callousness usually refer to patches of skin, generally on the hands and feet, that, over time and from harsh use become less sensitive to feeling and touch. In Matthew 13:15 Jesus said that a similar thing happens to our:

Speaking of the prosperous people of his day, what does the writer of Psalm 73 say causes their calloused hearts? \_\_\_\_\_

What is the result for them? \_\_\_\_\_

What is the antidote to the callous hearts of the arrogant in Psalm 119: 69-70?

These days people find it hard to spend time in prayer, as well as listening for God to speak or hearing what He does. We tire and fail in our pursuit of God because our hearts are: \_\_\_\_\_

(Hebrews 4:7)

Even reading a few verses of scripture seems hard and a waste of time. Compared to the entertainment of today it's far from captivating.

Read the verses from revelation 1:12-17. John, the writer, was so frightened by what he saw he: \_\_\_\_\_

If you saw this how would you react? Would the image described frighten you?

Every new movie and TV show must be a little more gruesome, shocking, and outrageous than the last, just to hold our attention.

We are no longer shocked by demons, vampires, death, dismemberment or monsters. Because of this we do not fear evil, shun wrong doing, or feel bad when we do wrong (sin). Ephesians 4:18 calls this being: \_\_\_\_\_

We do not hear God calling because of the \_\_\_\_\_ of our hearts.

What are some things we could do to *soften* our hearts?

Do you really want to be connected to "the life of God"?

## Lesson Plan: Calloused Hearts.

### **The Goal:**

The goal of this lesson is to demonstrate the slow degradation of our ideas of right and wrong when we plunge in to societies norms without the knowledge of scripture as our foundation. We will talk about things we can do to re-sensitize our hearts to God.

### **Pre-Lesson Activity:**

Blindfold a couple of volunteers. Hold an object under their nose and ask them to identify the smell. I use different types of fruit. Next, spray a room air freshener flooding the area with that scent. Explain what you are doing so the kids aren't scared. Now ask them to identify the smells again. It will be much harder to do with the air freshener scent overwhelming their noses. This demonstrates how societies ideas of right and wrong can overwhelm what our hearts or consciences might be trying to say.

### **Leading the lesson:**

Spend some time in prayer the day before, going over the verses and questions in your mind. Write possible answers on your copy of the worksheet along with additional notes of things you'd like to bring up. In your Bible, review the verses around the printed verses on the lesson sheet to be aware of the context, especially Psalm 73.

**If your group is younger junior-high age encourage them to fill in the blanks with the correct answers and hand in their papers at the end of class. For older kids, especially high-school age, just use the questions as discussion starters.**

**Have a kid read the first set of verses and then go thru the questions of the matching color. Give them time to answer. Listen to what they say and lead the discussion with additional questions of your own to lead them to the correct answers.**

**Note: When reading, kids will frequently stumble on words they do not know. Explain the meaning of the words so they can fully grasp the concept of the Bible verse. Sometimes you must restate the passage in your own words for them to get it.**

Begin the lesson by reviewing the history of the swimsuit. This shows how ideas of proper dress has changes in our society over the years. Next, ask the kids if they know what callouses are. They will be pleased to show you their feet. I also reference <sup>1 Timothy 4:1</sup> *The Spirit clearly says that in later times some will abandon the faith and follow deceiving spirits and things taught by demons.* <sup>2</sup> *Such teachings come through hypocritical liars, whose consciences have been seared as with a hot iron.* Talk about how you lose sensitivity and feeling in calloused or burned areas.

Answer the questions on the lesson sheet. Talk about how exciting today's current movies are. You might choose to show a short action movie clip. Compare this to the scene in Revelation

### **Summary:**

The last question is meant to be "food for thought." Suggest that over the next week they think about their commitment to God as a Christian. This is not meant to call their salvation into question but to cause them to think soberly about what being a Christian really means. Do they have a regular quiet time? Do they read their Bible? Would they hear God if he spoke to them in *gentle voice* (1 Kings 19:12)?

### **Take Prayer Requests**

Always ask the kids for prayer requests for the next week. Ask them about their concerns from the previous week. Close in prayer.